

CALSHOT 2025 - KIT LIST

Please ensure all items are clearly labeled with your name. Remember your belongings are your responsibility. **Please make sure all your belongings are in ONE LARGE bag. Bedding should be in a separate named bin bag.**

General Items

At least 3 pairs of long trousers/tracksuit bottoms (preferably not jeans) – no mesh or holes in them please.

Shorts

Several t-shirts (including a couple of long sleeved (needed for dry ski slope) and some old ones for watersports)

2 or 3 warm jumpers/fleeces

Night clothes

Changes of underwear and socks (enough for all the days away, plus spare)

Outdoor

Waterproof jacket

High factor, waterproof sun cream, sunglasses, sun hat, woolly hat (if cold)

Watersports

Swimwear

Towel

T shirt/Rash Vest to wear under wetsuit

Dry ski slope activities

Thick, long socks

Shoes

Trainers

Water shoes (e.g. old trainers, **not flip flops/crocs**)

Washbag

Washing kit (e.g. flannel, soap, shampoo, toothbrush and toothpaste, no aerosols)

Hairbrush, hairbands (**long hair must be tied back**)

2 towels - 1 for hair drying if needed

Other

Home Disposable lunch required for Tuesday

Sleeping bag, a single sheet, a pillow and pillow case as no bedding is provided (if you don't have a sleeping bag you can bring a single duvet and duvet cover instead) – this should be in the labelled bin bag

Water bottle

Backpack/ bag for carrying change of clothes for watersports

Second labelled bin bag to bring back bedding

Other items if you wish:

Reading book, card game/notebook, Teddy, Small portable clock

Medication

Any medication you need to bring with you should be clearly labeled with your name and detailed requirements for administering. Medication must be handed in by the parent, to the designated member of staff collecting medication.

Please do not bring – photos or cushions with photos from home (this often causes tears at bedtime), mobile phones, electronic items/ games (e.g. DS, iPod, tablets, kindles etc.), digital camera, any money, food, sweets or snacks.