

# ST MARY'S BENTWORTH CE PRIMARY SCHOOL

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Headteacher: Mrs Jo Ayres B.A. QTS. NPQH.



Dear Parents,

As part of our ongoing commitment to supporting the well-being and development of our students, we are excited to invite you to an **Information Session** on **Sensory Circuits** and how they can help support your child's learning and emotional regulation.

Sensory circuits are a structured series of activities designed to support children in regulating their sensory needs. These activities help children develop focus, improve attention, and enhance overall engagement in the classroom. For children who may experience sensory processing challenges, sensory circuits can be a valuable tool to improve concentration, emotional self-regulation, and overall behaviour.

During this session, we will cover:

- What sensory circuits are and how they work
- How sensory circuits can benefit children in managing sensory overload or underload
- The role of sensory circuits in supporting emotional regulation and behaviour in school
- How we use sensory circuits within our school environment to support your child's learning

The session will take place on Wednesday 26<sup>th</sup> November at 3pm in the Creation Station. We believe this will be a great opportunity for you to learn more about how sensory circuits can support your child's emotional and academic development.

We hope to see you there and look forward to working together to support your child's growth and well-being.

Kind Regards,

Mrs Ayres and Miss Baker  
Inclusion Leaders

