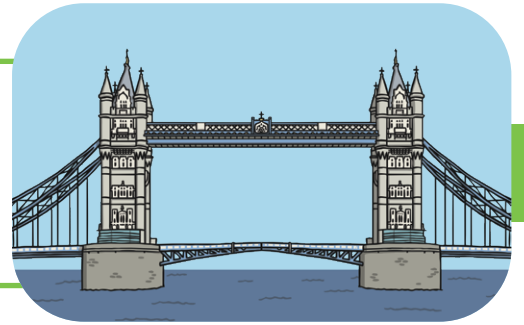


The London Marathon 2022

The London Marathon happens this year on Sunday 2nd October. It is a running race. It is over 26 miles long!

The race takes place in London. The people taking part run past many famous places, like Tower Bridge.



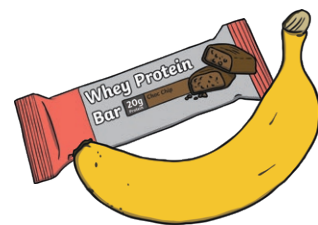
Lots of people run the London Marathon in fancy dress. They do this to raise money for charity.



What do runners need?



water



healthy food for energy



sports clothes



trainers

Questions

1. What is the London Marathon? Tick one.

- a running race
- a football match
- a writing competition

2. On which day will the London Marathon take place this year (2022)? Tick one.

- 1st April
- 2nd October
- 25th December

3. Complete the sentence.

The London Marathon is _____ miles long. (select one)

- 10 miles
- over 26 miles
- less than 36 miles

4. How do some runners raise money for charity? Tick one.

- they wear fancy dress
- they wear no shoes
- they wear sunglasses

5. What do runners need? Tick two.

- a jumper
- water
- trainers
- a skipping rope

Answers

1. What is the London Marathon? Tick one.

- a running race**
- a football match
- a writing competition

2. On which day will the London Marathon take place this year (2022)? Tick one.

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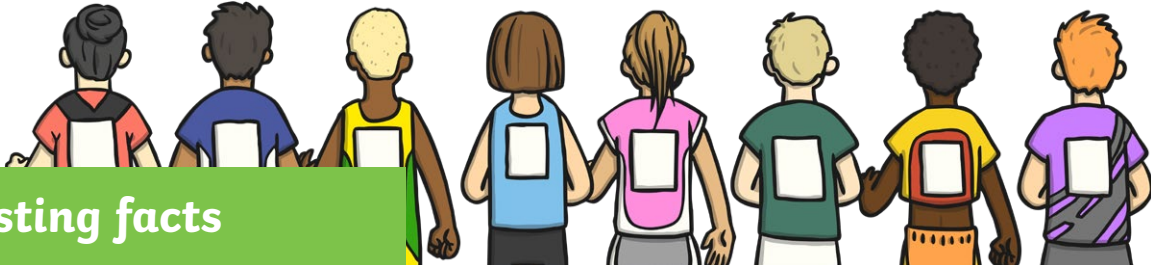
5. What do runners need? Tick two.

- a jumper
- water**
- trainers**
- a skipping rope

The London Marathon 2022

The London Marathon is a long-distance running race. This year, the race takes place on Sunday 2nd October.

A lot of the people taking part in the London Marathon run for a charity. This means they ask people to sponsor them (donate money) to run. Some people dress up in funny clothes! This can make the race even more of a challenge.



Interesting facts

- Each runner has a number.
- Around 40,000 (40 thousand) runners took part in the race in 2021. After two years of the marathon not being held because of the pandemic, this was a record number of runners!
- Since it first started in 1981, London Marathon runners have raised over £1 billion for charity!
- There will thousands of helpers and more than 40 ambulances waiting along the way.
- The finish line is at Buckingham Palace.

All sorts of people take part in the London Marathon. In fact, it is one of the most popular marathon races in the world.



Photo courtesy of Annie Mole, familymwr, Stuart Grout and EEPaul (@flickr.com) - granted under creative commons licence

Questions

1. On which day will the London Marathon take place this year (2022)?
Tick one.
 - 1st April
 - 2nd October
 - 25th December
2. How many people took part in the London Marathon in 2021? Tick one.
 - Around 40,000
 - Around 400
 - Around 4000
3. Why do some people run the London Marathon in fancy dress? Tick two.
 - to raise money for charity
 - for a challenge
 - for a practical joke
4. Where is the finish line? Tick one.
 - The Tower of London
 - Hyde Park
 - Buckingham Palace
5. People from all over the world take part in the London Marathon.
Explain why this might be.

Answers

1. On which day will the London Marathon take place this year (2022)?
Tick one.
 - 1st April
 - 2nd October**
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4. Where is the finish line? Tick one.
 - The Tower of London
 - Hyde Park
 - Buckingham Palace**
5. People from all over the world take part in the London Marathon.
Explain why this might be.
Children's own answers.

The London Marathon 2022

The London Marathon is a long-distance running race that takes place this year on Sunday 2nd October. Lots of different people from all over the world will take part.

There are many reasons to run the London Marathon. Some people run it to beat a personal record and some people run it for the physical challenge. A lot people who run the London Marathon, do so because they want to raise money for a charity.



Interesting fact



There are a group of runners in the marathon called the “Ever Present” runners. They are special because they have run every single London marathon since it started in 1981. There are just 7 runners in this group now.



What do runners need?

Whether you're running the marathon in fancy dress for a charity, or to get your fastest time, there are some things all runners need, such as:

- comfortable trainers;
- plenty of water;
- healthy food to give you lots of energy.

Photo courtesy of familymwr, Stuart Grout, EEPaul, bisgovuk and fecpint (@flickr.com) - granted under creative commons licence

Questions

1. What is the London Marathon?

2. Complete this sentence by writing in the missing date.

The London Marathon takes place this year on _____.

- 1st April
- 2nd October
- 25th December

3. Tick three reasons why people run the London Marathon.

- to beat a personal record
- for the physical challenge
- because they have to
- to raise money for charity

4. What is special about the “Ever Present” runners who will run the marathon in 2022?

5. Why would you need water when you are running the London Marathon?
Explain your answer.

Answers

1. What is the London Marathon?

The London Marathon is a long-distance running race.

2. Complete this sentence by writing in the missing date.

The London Marathon takes place this year on _____.

- 1st April
- 2nd October**
- 25th December

3. Tick three reasons why people run the London Marathon.

- to beat a personal record**
- for the physical challenge**
- because they have to
- to raise money for charity**

4. What is special about the “Ever Present” runners who will run the marathon in 2022?

The “Ever Present” runners are a special group who have run every London marathon since it started in 1981.

5. Why would you need water when you are running the London Marathon?
Explain your answer.

Answers may vary but should include ideas about losing water through sweat, exercise making you thirsty and to keep your body working well.