

## FUEL YOUR BODY LIVE YOUR BEST LIFE

Dear Families,

The weather continues to be beautiful and it is wonderful to have the whole site for break and lunchtimes. The children enjoy this so much and they certainly enjoy the physical exercise they need and the personal development learning through play they need.

Our hot lunches are going from strength to strength. Our salad bar is beautiful and has such an array for the children to choose from. Each day the children get fruit and vegetables as well as a balanced meal in protein and fibre. If you choose a packed lunch, we would like to encourage all parents to ensure that they have:

- a piece of fruit each day
- a vegetable e.g carrot sticks each day
- check the content of drinks so they are low sugar
- check the packets of things like crisps, snacks bars and biscuits to ensure they do not have high levels of salt, sugar or fat
- try to have wholemeal or 50/50 bread/pasta
- avoid processed food like chicken raiders and peperami (high in saturated fat, calories and salt)

Children have a full-on day at school and need brain food but also need their bodies to stay strong and have stamina. Please please have a think with your child/ren what small adaptations you can make. We really can see when it makes a difference.

We hope it will be reassuring to know that all staff had the new Anaphylaxis and Allergies training linked to Benedict's Law. Although we

have always completed this through our first aid training annually, the new training gave the latest view on allergies, responses, new medications, procedures and gave us all the confidence to feel well-informed and ready. 20% of food allergies are discovered through a significant reaction at school, so this is pivotal training. Please ensure that we know any symptom/observation of any reaction to any food, animal or environmental issue, however small. I can not stress this enough- we need to know what has happened before even if it is small or a 'one off' in your eyes. Thank you so much for your support in this. So reassuring!

Kind regards, Mrs Jo Ayres - Headteacher

### Safeguarding Everybody's business



Keeping children safe is our highest priority. Our Designated Safeguarding Lead (DSL) and three Deputy DSLs work together to support the safety and wellbeing of all our pupils.

Our safeguarding team is here to listen, support families and respond to any concerns about a child's welfare. If you have a concern or simply need some advice, please don't hesitate to speak to a member of the team.

#### **DSL:**

Mrs Ayres - Headteacher

#### **Deputy DSL's:**

Miss Baker - Deputy Headteacher/Oak Class

Mrs Walke - Elder Class

Mrs Sutherland - Admin Office

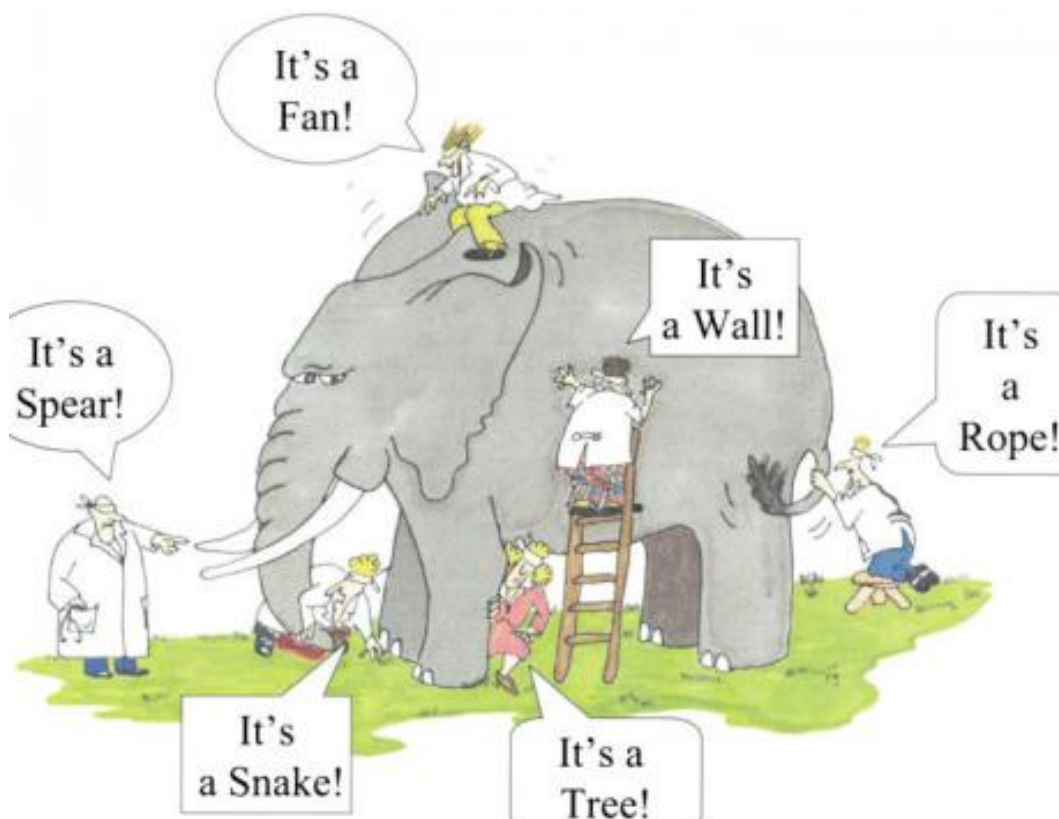
"We warmly welcome each and every child to St Mary's and have high aspirations for all our pupils.  
Through love, we nurture a sense of purpose, a direction, a meaning of life.  
Through respect, we celebrate that everyone is unique and special.  
Through belonging, we commit to our families and communities so that together we can flourish."

**Love, Respect, Belong**

# SURVIVE AND BLOSSOM

## Key habit we are learning this half term: Perception

Using this image and a great game of 'guess what's in the bag', we talked about how hard it is to understand anyone or learn about something unless we see the whole thing.



We talked about having the confidence to show your 'whole self' at school and try to share all of who you are- your strengths, your difficulties, your likes and your passions as well as what you don't like too.

When we see the whole picture, it is far easier to understand a game, a friend or a problem.



# ST MARY'S BENTWORTH CHURCH OF ENGLAND PRIMARY SCHOOL

St Mary's Bentworth is a Church of England Voluntary Aided school, nestled in a small, rural Hampshire village. We serve a catchment area covering 5 local villages (Beech, Bentworth, Herriard, Lasham and Shalden) and also have children attending from the wider local area.

We pride ourselves in providing an engaging and vibrant curriculum in a secure and happy learning environment with caring Christian principles. These are embedded into school life and are built on the foundations of our values: Love, Respect, Belong, supported by our focus on mental health and well being through our Survive and Blossom programme.

**TUESDAY 6<sup>TH</sup>  
OCTOBER 2026  
9:30 - 11:30AM**

TO BOOK A PLACE PLEASE CONTACT THE SCHOOL  
OFFICE VIA EMAIL AT  
[ADMINOFFICE@BENTWORTH.HANTS.SCH.UK](mailto:ADMINOFFICE@BENTWORTH.HANTS.SCH.UK) OR BY  
CALLING 01420 562117



## Elder

Ask us about our music to create different emotions in the listner.



## Lime

Ask us about our Anglo-Saxon dances that feature Anglo-Saxon jobs.



# Class Learning

## Ash

Ask us about our Pop Lacrosse lessons.



## Oak

Ask us about making cotton bud skeletons.



# SCHOOL UPDATES

## **Fundraising Marathon**

One of our parents is running a half marathon in aid of Duchenne UK. This charity provides vital research and support for those diagnosed with Duchenne Muscular Dystrophy. This condition reduces muscle strength over time and research is vital in finding new treatments and clinical care. Please, if you are able to do so, support this mission.

## **Support The Cause**

## **Have Your Say About The Curtis Museum!**

Alton Curtis Museum is currently facing some financial challenges and is looking at ways to make sure it continues to be a valuable and enjoyable place for our community. As part of this, the museum has created a short survey to find out what local people think and what they would like to see at the museum in the future. We'd love for our school community to have their say! The survey is an opportunity to share your ideas, tell the museum what you enjoy, and suggest activities, exhibitions or improvements you would like to see.

Every response can help the museum understand what matters most to our community, so please take a few minutes to complete the survey and make your voice heard.

## **Link to the Survey**

## **Message from the Children's Commissioner**

Hi, my name is Rachel and my job is to hear from all children and young people in England.

As the Children's Commissioner I've launched this survey so you can have your say on what it's like to be a child or young person in England today. I will take your views to the Government, to help them make life better for children.

Everything you tell me will be kept private. You don't have to answer any question if you don't want to. There are no right or wrong answers. Just answer honestly!

## **Link to the Survey**

# Sunrise Breakfast Club and After School Club Update

Breakfast Around the World Continues!

This week, our Sunrisers travelled to Paraguay 🇵🇷 and tasted Mbejú, a traditional Paraguayan cheesy flatbread.

Mbejú is naturally gluten free and has a deliciously crispy outside with a soft, cheesy centre. It is made by mixing cassava starch, butter, cheese and a little milk until the mixture has a crumbly texture, before being cooked in a frying pan.

The Sunrisers enjoyed discovering this traditional Paraguayan dish, some thought it tasted like oatcakes.

Next week, we will be travelling to Qatar 🇶🇦 to taste their traditional breakfast.



# Starting school in September **2027**

If your child is 4 or  
will turn 4 before  
1 September 2027,  
they can start school  
in September 2027

Applications open for  
Hampshire residents on  
**1 November 2026**

THE NATIONAL CLOSING  
DATE FOR APPLICATIONS IS  
**FRIDAY 15 JANUARY 2027**  
DON'T MISS IT!



**For more information go to  
[www.hants.gov.uk/admissions](http://www.hants.gov.uk/admissions)**

New Strategy Based Films for parents/carers and Professionals New for 2026

|                                                                                                                                            |                                                                                                                                                     |                                                                                                                                             |
|--------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------|
| <p><b>What is Emotionally Based School Avoidance</b></p>  | <p><b>Risk factors for Emotionally Based School Avoidance</b></p>  | <p><b>Tips for Emotionally Based School Avoidance</b></p>  |
| <p><b>Thriving with ADHD in school</b></p>                | <p><b>ADHD and sleep</b></p>                                       | <p><b>Reframing ADHD</b></p>                               |
| <p><b>Girls and ADHD</b></p>                              | <p><b>ADHD – order out of chaos</b></p>                            | <p><b>Growing older and changing ADHD symptoms</b></p>     |
| <p><b>The importance of sleep</b></p>                    | <p><b>Tips to support sleep optimisation</b></p>                  |                                                                                                                                             |

To watch the videos, scan these QR codes

**NHS**  
Hampshire Child and Adolescent  
Mental Health Services

# HOW TO COPE WHEN YOUR CHILD CANT

A one-day event focused on parents/carers understanding their own needs, and learning strategies to look after themselves as they support a young person with their own mental health needs.

The sessions will include looking at emotional regulation. When distress and emotional responses make situations challenging, how can we think clearly and avoid becoming overwhelmed.

The afternoon will focus on  
**How to Feel Better as a Parent in Burnout**

Exploring what burnout is, what contributes to it, the signs and avoiding repeating cycle. An immersive workshop including self-care & nervous system regulation practices you can try. Led by Courtney Freedman-Thompson - coach and wellbeing practitioner with lived experience.

**For more information and to book a place go to:**  
<https://hampshirecamhs.nhs.uk/events/>

Some events have a small charge to allow us to cover costs, some discretionary free tickets are available

**Tickets £25**  
Tea, coffee and lunch included

**Wed, 30 September 2026 9.30am - 3.15pm**  
The Irish Centre, Council Road,  
Basingstoke, RG21 3DH



**Parent Information Portal**

**Your Health Visiting and School Nursing records all in one place... at your finger tips**

**NHS**  
Hampshire and Isle of Wight Healthcare  
NHS Foundation Trust

|                                                                                                                                                   |                                                                                                                                                                                                                                 |                                                                                                                                                                                                                      |
|---------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|  <p>View and manage your appointments with Health Visitors</p> |  <p>View your child's vaccination history and newborn blood spot screening results</p>                                                       |  <p>Search a wide range of resources about children's health</p>                                                                  |
|  <p>View growth charts and add measurements</p>                |  <p>The Ages and Stages questionnaires are available for you to complete electronically before your child's 1 year/2 year health reviews</p> |  <p>National Child Measurement Programme. Receive results of your child's height and weight measurements (Year R and Year 6).</p> |

**Today's health, tomorrow's future**  
Sign up today! Email [parent\\_portal@nhs.net](mailto:parent_portal@nhs.net)

We CARE through:

Compassion Accountability Respect Excellence

**NHS**  
Hampshire Child and Adolescent  
Mental Health Services

# RURAL REACH

Understanding & strategies to support young people's mental health

**Tickets £5**  
Tea and coffee included

**The day will cover 5 individual sessions suitable for parents, carers and professionals.**

- Understanding adolescent mental health
- Anxiety
- Low Mood
- Emotionally based school avoidance
- 8 skills to support a young person

Discretionary tickets available to families on request.

**9.30am - 4.30pm**

**22 September Bordon** (FREE - Funded by WBCT)

**21 October New Milton**

**22 October Fareham**

For more information scan the QR code or visit:  
<https://hampshirecamhs.nhs.uk/events/>



# Young ACAN Earthlings

Empowering the Eco Leaders of Tomorrow



September 2026

## Parents/Carers of Year 4 children

Dear Parents and Carers,

Young ACAN is delighted to announce our newest project – Earthlings. Earthlings is a free, exciting and exclusive club for children currently in Year 4 across schools in Alton and surrounding villages.

Earthlings will begin on October 10th and is for children who are passionate about the environment. Successful children will take on an ambassador-type role and will be asked to share what they have learnt at Earthlings with their school and also keep a nature journal. The club will meet six times a year (once a half-term) on a Saturday morning in and around Alton. This will be a three-year programme, but children will be able to step back at any point, if necessary, opening up their space for a new member. However, we would hope for them to commit for at least one year.

## How to Join

If your child is interested in joining Earthlings, they need to complete the application form on the next page. It should ideally be handwritten by your child and returned to Young ACAN via email please – [young.altoncan@gmail.com](mailto:young.altoncan@gmail.com) The application could be scanned in or sent as a photo attachment. **Please do not return the form to school.**

This is the second phase of applications to join Earthlings with only 6 spaces available, making this a very exclusive club! **Closing date is Friday 25<sup>th</sup> September 2026.** We will let you know if your child has been successful the following week.

We look forward to receiving your child's application. Good Luck!

Kind regards

Emma Jones and Scott Gudrich

## Discovering ACAN Drop-In

Care about where you live and want your neighbourhood, local environment and nature to thrive? Come along to our ACAN open event to discover rewarding volunteer opportunities and take positive community action.

**Everyone is welcome – Saturday 10th October. 12 noon – 3.00pm, at 16 Market Square, Alton.**

Whatever your skills, interests or spare time, there's a role to suit you.

To find out more, get involved and receive our newsletter, visit:  
[Join In – Alton Climate Action Network](#)

## Join our Network ACAN Groups and Projects



ACAN's Social Justice Project:  
GUMBI – Saving Lives in Malawi



# Think Pharmacy First!



Did you know that you can take your child to your local pharmacy and get treatment for five medical conditions? These are:

- Ear ache (children aged 1-17)
- Sore throat (over 5s)
- Infected insect bites (over 1s)
- Impetigo (over 1s)
- Sinusitis (aged 12 and over)

If your child is poorly with any of the above conditions, by going straight to your local pharmacy you can have a consultation with a trained pharmacist and receive advice and even medication (if appropriate) ..... and your child can get back to school sooner.

Visit our Pharmacy First website to find out more.



# Anxiety

## Understanding & strategies to support young people

Tickets £20  
Tea and coffee included

The day will provide an overview of the anxiety parent-led intervention we deliver for children and young people in CAMHS.

It is an opportunity for interaction and activities which will give psychoeducation and normalising of anxiety.

There will be chances to learn and practice strategies we teach parents in the intervention.



28 January 2026

The Irish Centre,  
Council Road,  
Basingstoke, RG21 3DH

11 November 2026

The Pallant Centre,  
The Pallant,  
Havant, PO9 1BE



For more information scan the QR code or visit:

<https://hampshirecamhs.nhs.uk/events/>

# P.A.C.E. 2026

PARENT & CARER EVENTS

Free health & wellbeing events for all parents & carers who support or work with young people

| DATE                       | LOCATION                                                                                      |
|----------------------------|-----------------------------------------------------------------------------------------------|
| Thursday, 26 February 2026 | Basingstoke<br>Queen Mary's College, Cliddesden Rd,<br>Basingstoke, Hampshire RG21 3HF        |
| Thursday, 16 April 2026    | Eastleigh<br>Junction Church, 2 Romsey Road,<br>Eastleigh SO50 9FE                            |
| Friday, 8 May 2026         | Lyndhurst<br>Lyndhurst Community Centre, Central Car Park,<br>High Street, Lyndhurst SO43 7NY |
| Thursday, 25 June 2026     | Andover<br>Winton Community Academy, London Rd,<br>Andover, Hampshire SP10 2PS                |
| Monday, 5 October 2026     | Havant<br>Trosnant School, Stockheath Lane,<br>Havant, Hampshire PO9 3BD                      |
| Friday, 23 October 2026    | Waterlooville<br>Waterlooville Community Centre,<br>10 Maurepas Way, Waterlooville PO7 7AY    |

BOOK YOUR SESSION SPACE AT:

[hampshirecamhs.nhs.uk/events](https://hampshirecamhs.nhs.uk/events)

# Trauma

Understanding the impact of trauma on a young person's brain, body and behaviour and how we can guide them from surviving to thriving

Tickets £20  
Tea and coffee included

- The importance of relationships and connection in the agencies supporting the young person in order for them to feel safe, build trust and resilience.
- The role of parents, carers and professionals, adapting responses to a young person that considers the impact of trauma and meaning behind the behaviour.
- How to help a young person develop skills to make sense of everyday experience and develop healthier coping and emotional regulation.

Discretionary tickets available to families on request.

4 June 2026

Irish Centre, Council  
Road, Basingstoke,  
RG21 3DH

7 October 2026

The Pallant Centre,  
Havant, PO9 1BE



For more information scan the QR code or visit:

<https://hampshirecamhs.nhs.uk/events/>

# Forming healthy habits *that stick*



Find out about the science of forming healthy habits that really last.  
Ask our team of experts your questions.

Join our live free Q&A 29th September 8pm

[CLICK HERE TO REGISTER](#)

 Funded by  
UK Government

 Hampshire  
County Council  
Hampshire Achieves



## Raising Resilient Children Online course

**Mondays 28 September - 19 October**  
**7pm - 9pm**

**FREE** - Eligibility criteria applies

This is an online course using Microsoft Teams. Participants will be required to use Microsoft Teams.

Booking is essential, please visit

<https://shop.hants.gov.uk/collections/library-courses> to book your place. If you have issues booking online please contact branch staff or call 02392 232957

# Additional needs coffee morning



Everyone is welcome regardless of the support you need or where you are on your journey. We'd love for you to join us for a hot drink and a friendly chat.

This is a great opportunity for parents to spend some time together and enjoy an informal, relaxed atmosphere. Tea, coffee and biscuits will be provided.

**10:00 - 11:30 at Alton Library, Vicarage Hill, Alton GU34 1HT.**

- Tuesday 29th September
- Tuesday 24th November
- Tuesday 12th January
- Tuesday 2nd March

Available to parents and carers of children who attend schools in and around the Alton area.

Please email Sarah ([s.allen@butts.hants.sch.uk](mailto:s.allen@butts.hants.sch.uk)) for any additional information.

Sorry, unfortunately, no children or babies can attend.



Alton Cluster Family Support

 Funded by  
UK Government

 Hampshire  
County Council  
Hampshire Achieves



## Positive Parenting Online course

**Mondays 2 November - 30 November**  
**7:30pm - 9pm**

**FREE** - Eligibility criteria applies

This is an online course using Microsoft Teams. Participants will be required to use Microsoft Teams.

Booking is essential, please visit

<https://shop.hants.gov.uk/collections/library-courses> to book your place. If you have issues booking online please contact branch staff or call 02392 232957



# School nurse

## Child Health Clinics\*

The Community Public Health Advisors from the East Hants Public Health Nursing Team (5-19y) are offering support with your child's health

**NHS**  
Hampshire and  
Isle of Wight Healthcare  
NHS Foundation Trust



Scan the QR code to book a 30-minute slot at Alton Health Centre

How do I encourage healthy eating?

Where can I access support for my child's anxiety?

How do I manage challenging behaviour?

Why does my child wet the bed?



\*These slots should not be used as a place to seek advice regarding specific medical conditions

## Top tips on how to talk to your children about their feelings

It can be so tricky to bring up difficult topics, and talking about emotions with your children can sometimes feel more than a little daunting for parents and carers. You may worry about saying the wrong thing, making your child feel uncomfortable, and even worry about making them feel worse. But the fact you want to explore emotions with your child is enough, even if sometimes it doesn't go as you planned!

Here are some handy tips on how you could begin talking to your children about their feelings.

### Ask them what they need

It can be tough to talk about how you feel, and when we want to talk about things as parents, children don't always want to or feel ready. Asking what a child needs from you can help them feel more in control, heard, and respected.

Children might also not know what they need, so suggesting a few options can be a good starting point. For example, do you need some space right now?

### Name it

Sometimes it can be hard for children to identify their feelings. Naming what you observe can help them to do this. For example, when talking to a young child, you might say, "You seem really angry today. I can see you are clenching your hands, and you don't have a happy face. I wonder if anything has made you angry or upset?"

### Listen carefully

This sounds pretty straightforward, but sometimes, when we care, we may jump into problem-solving mode a little too hastily. And while it might come from a really good place, it's not always helpful.

### Choose your timing wisely

Talking about feelings, or any difficult subject, can be quite sensitive. Choosing a time when you are both calm and relaxed can be more useful than choosing a time when there are any heightened emotions already at play.

### Think about the setting

Talking about feelings can be really sensitive, so making sure the space is private, comfortable, and feels safe for your child can be key to a positive outcome.

### Practice asking open questions (rather than closed ones)

Closed questions usually encourage yes or no type answers. Open questions, on the other hand, go a bit deeper and encourage more thinking and exploration. This simple difference in style might help your child consider their own thoughts and feelings a little more and encourage them to share more of their story or problem with you.

### Think about whether your child feels ready to talk

Just because you want to talk doesn't mean they feel ready to. Look out for the things they say, and their body, too, for indicators on whether they really want to talk about their feelings.

### Model it

Being more open and honest about how you yourself feel (in an age appropriate way, of course) can normalise the idea of talking about emotions. Children who see that adults also have big feelings, doubts, get scared or anxious, get frustrated with others at work, etc. might feel more comfortable opening up themselves.

### Get creative

We might feel a pressure to have all the answers and say the right things, but sometimes, we just need to think a little differently. Helping our children express their feelings through play or using art materials can be just as important and useful, especially for much younger children whose natural language is often play.

### Take away the intensity

It can be pretty daunting (on both sides) to sit down to talk about something as important as feelings. But decreasing some of the intensity can sometimes reduce the pressure and make things a little less stressful.



farnham maltings

# family festival

Sat 26 September  
10am-4.30pm

Just £2\* entry on the door **2026**

Join us for a day of exciting performances, workshops and drop-in activities for children of all ages.

circus   potterry   storytelling   printmaking   puppetry  
beat making   art installations   performance   silent disco   and more

Book selected events and browse the full programme on our website.

[farnhammaltings.com/family-festival](https://farnhammaltings.com/family-festival)

\*admission includes most activities, with a small number of performances and workshops ticketed separately (festival entry included).



## Masking Awareness

FREE



FREE

**Free online talk for parents**  
24 September 7pm - 8pm

Book online  
[facefamilyadvice.co.uk](https://facefamilyadvice.co.uk)  
Parent - Live Talks page



Book Free Talk Now

## CLICK JOBS FAIR

Working in a digital world

Fri 25 Sep • 10am-3pm

Alton Maltings  
Maltings Close  
Alton GU34 1DT

No need to book,  
just drop in

Find out more at  
[easthants.gov.uk/click](https://easthants.gov.uk/click)

Scan this with  
your phone >>>



EAST  
HAMPSHIRE  
DISTRICT COUNCIL

Department  
for Work &  
Pensions

Grow Up?

Funded by  
UK Government

## THE BIG DROP IN

NHS  
Hampshire Child and Adolescent  
Mental Health Services

As part of World  
Mental Health Day,  
we are running a  
series of **FREE** drop-  
ins across Hampshire.



This is an opportunity for parents/carers,  
professionals or young people to come and  
chat to our CAMHS clinicians, ask questions,  
get advice and resources.

**Bookable slots available via our website  
or just drop in.**

**8 October 2026 10am - 4pm**

Meriden  
Shopping Centre  
Havant

ETCH  
Youth Club  
Eastleigh

Community  
Station  
Bordon

Fareham  
Shopping Centre  
Fareham

For more information visit:

<https://hampshirecamhs.nhs.uk/events/>

# Have your say on cycling in Alton

*Help shape a local project that makes cycling more accessible, inclusive and enjoyable for everyone.*

Complete our short survey for the chance to win a

**£75**

**One4All voucher**

**Your feedback will help us plan activities that meet the needs of your local community.**



**Scan the QR code to fill-in our feedback survey or follow the link:**  
**<https://app.onlinesurveys.jisc.ac.uk/s/sustrans/active-alton>**

Walk Wheel Cycle Trust is the charity making it possible for everyone to walk, wheel and cycle.

**To find out more, please contact:**

**e:** [fariha.ahmed@walkwheelcycletrust.org.uk](mailto:fariha.ahmed@walkwheelcycletrust.org.uk)

**t:** 07912 450666

**w:** [www.walkwheelcycletrust.org.uk](http://www.walkwheelcycletrust.org.uk)

Walk Wheel Cycle Trust is a registered charity in the UK no. 326550 (England and Cymru), SC039263 (Scotland) and 20206824 (Republic of Ireland)  
© Walk Wheel Cycle Trust 2025

**Supported By:**





# BOOK NOW

## OPEN MORNINGS

Student tours from 9:10 - 10.30 am

Friday 18 September

Thursday 1 October

Wednesday 14 October

## OPEN EVENING

Executive Headteacher &  
Head of School welcome at 5pm  
Department activities until 7 pm

Wednesday 23 September



Musical theatre classes for young people  
ALTON BORDON FARNHAM

Musical theatre  
training in Alton  
Farnham and Whitehill

Tuition in singing,  
dancing and acting

## Musical Theatre Holiday Workshops in Farnham and Alton

Two days of singing, dancing and acting and a  
demonstration of skills for family and friends at the end  
of day 2 - all workshops have ages 4-8 and 7-12 groups

Alton Mon-Tue 26-27 Oct  
Farnham Thu-Fri 29-30 Oct

See our website  
for more 2026  
dates.



We also run weekly  
musical theatre  
classes ending in  
full-scale  
performances of  
musicals

Only £56 for two days 9am-3.30pm  
big sibling discounts



We accept childcare  
vouchers if you have them

[www.strictlyshowtime.co.uk](http://www.strictlyshowtime.co.uk)

Tel 07875 764788

[bookings@strictlyshowtime.co.uk](mailto:bookings@strictlyshowtime.co.uk)

Register/Enquire Here!



Musical theatre  
for young people

Weekly musical theatre  
training in Whitehill  
and Alton

Tuition in singing,  
dancing and acting  
and real shows each term

This term's shows and weekly classes  
ages 4-7 ages 7-12



| Day       | Time        | Venue                  | Ages  | Show            |
|-----------|-------------|------------------------|-------|-----------------|
| Tuesday   | 4.40-6.40pm | Whitehill Village Hall | 4-12  | Matilda         |
| Wednesday | 4.30-6.30pm | Chawton Village Hall   | 7-12  | Annie           |
| Thursday  | 4.30-6.30pm | Alton Maltings         | 7-12  | Annie           |
| Thursday  | 6.30-8.30pm | Alton Maltings         | 11-18 | Aladdin         |
| Friday    | 4pm-5pm     | Chawton Village Hall   | 4-7   | Sleeping Beauty |
| Friday    | 5pm-6pm     | Chawton Village Hall   | 4-7   | Sleeping Beauty |



We accept childcare  
vouchers if you have them

[www.strictlyshowtime.co.uk](http://www.strictlyshowtime.co.uk)  
Tel 07875 764788  
[bookings@strictlyshowtime.co.uk](mailto:bookings@strictlyshowtime.co.uk)

Enquire or sign  
up [here](#)

Weekly sessions for £135 per term for  
ages 7+ and £80 for ages 4-8  
20% sibling discounts



# Strictly Showtime



## Auditions and Shows in Alton for ages 7-12

Rehearsals in Alton Wednesdays and Thursdays

## Performances in March 2027

[www.strictlyshowtime.co.uk](http://www.strictlyshowtime.co.uk)



Scan me!

SOCCER SCHOOLS UK  
THE COMPLETE PLAYER PROGRAM

# OCTOBER HALF-TERM

## HOLIDAY CAMPS

SPOOKY SEASON STARTS HERE.....

**26TH – 30TH**  
OCTOBER 2026

**EGGAR'S SCHOOL**  
London Rd, Holybourne, GU34 4EQ

WWW.SOCCERSCHOOLS-UK.COM/BOOKING

[ADMIN@SOCCERSCHOOLS-UK.COM](mailto:ADMIN@SOCCERSCHOOLS-UK.COM)  
**07723 292 614**

**£24**  
PER DAY

All coaches are fully licensed, Hold enhanced DBS (CRB) Certificates, Hold FA Emergency Aid Certificates and are fully trained/insured. Copyright Soccer Schools UK 2026-27.

**PLAY  
LEARN  
MAKE FRIENDS!**

**MY  
FUN  
FOOTBALL  
FOR ALL!**

# Pan-Disability Football

**5-11 year olds, boy & girls**

**Mondays (Fortnightly)**  
**6pm-7pm**

**FREE TRIAL  
SESSION!**

**Amery Hill School (Sports Hall), Alton, GU34 2BZ**

See our video and for more info:  
**[altonfc.com/comets](http://altonfc.com/comets)**

Or call **Marco 07872 620245**

## OCTOBER ACTIVITY CLUB

### Amery Hill School

Alton GU34 2BZ

**8:30AM - 4:30PM**  
**26<sup>TH</sup> OCTOBER - 30<sup>TH</sup> OCTOBER**

Our holiday courses give children from Year R to Year 9 the ideal blend of play and structure. With safety and enjoyment always in mind, every day is designed to keep children active and engaged.

**£26 PER DAY**  
**MULTIPLE DAY DISCOUNT**

- CHILDCARE VOUCHERS ACCEPTED**
- QUALIFIED PAEDIATRIC FIRST AID**
- DBS CERTIFICATED**
- REGISTERED BY OFSTED**
- CHILD PROTECTION TRAINED**

[www.cm-sports.co.uk](http://www.cm-sports.co.uk)

## Children and Families

### Let Your Light Shine

Additional services for our families and children. Please see our website for details of all services across the Benefice

**Family Church Service - St. Lawrence Church**  
(Bacon rolls served after the service)  
**1st Sunday each month at 9.30am**

**Church@4 – St. Lawrence Parish Centre**  
(Song, craft, Bible stories, fun & food)  
**2nd Sunday each month at 4pm.**

**Family Church Service – St. Lawrence Church**  
**3rd Sunday each month at 9.30am**

**Church@4 – St. Lawrence Parish Centre**  
(Song, Bible stories, brick building & food)  
**4th Sunday each month at 4pm.**

All our leaders are DBS checked. [www.resurrectionbenefice.org](http://www.resurrectionbenefice.org)



## PETERSFIELD VOLUNTEER FAIR

Hosted by Winton House Centre & Home-Start Butser

**Saturday 26 September 2026**

**10.00am – 2.00pm**

**Winton House Centre Garden & Community Cafe**

Volunteering is about more than giving your time. It's about belonging, making connections and knowing that what you do matters. Come along to the Petersfield Volunteer Fair and discover the many ways you can play your part.

- **Meet** local charities, organisations, and groups
- **Explore** a range of volunteering opportunities
- **Discover** roles that suit your interests and skills
- **Give** your time in a way that feels meaningful
- **Connect** with people who care about your community



No matter who you are or what you're interested in, **you can make a difference.**

**FREE. ALL WELCOME.**

This project/event is funded/part-funded as part of East Hampshire District Council's Grow Up programme through the UK Government's UK Shared Prosperity Fund.

Funded by  
UK Government



**EAST HAMPSHIRE**  
DISTRICT COUNCIL

**SAVE THE DATE!**

# BIG ALTON CHARITY WALK

**SUNDAY 27TH SEPTEMBER**

**WALK STARTS FROM JUBILEE FIELDS**



**KINGS FARMS**

**HOME START**  
Hampshire

Bushy Leaze  
Family Support

**Broadlands**  
Equine Therapy & RIDA

**WALKS FOR ALL ABILITIES THROUGHOUT THE DAY**

**JC Sports**

# OCTOBER HALF-TERM CAMPS

**ACTIVE. FUN. UNFORGETTABLE.**

Holiday camps packed with action, friends and unforgettable memories!

**Venues**

**SOUTH HAMPSHIRE**  
BEREWOOD PRIMARY SCHOOL (19<sup>TH</sup>-30<sup>TH</sup> OCT)  
WHITELEY PRIMARY SCHOOL

**NORTH HAMPSHIRE**  
ST BARTHOLOMEW'S PRIMARY SCHOOL  
STEEP PRIMARY SCHOOL  
ROPLEY C OF E PRIMARY SCHOOL  
ANSTEY JUNIOR SCHOOL

**WEST SUSSEX**  
EAST PRESTON JUNIOR SCHOOL  
ROSE GREEN JUNIOR SCHOOL  
THE MARCH C OF E PRIMARY SCHOOL  
YAPTON PRIMARY SCHOOL

**20% OFF EARLY BIRD**  
BOOK BY 27TH SEPTEMBER

**USE CODE OCT20**

**★ 4.9**  
FROM 100+ PARENT REVIEWS

**FROM £23.99 A DAY (20% OFF £29.99)**

**Camps across Hampshire and West Sussex**  
Scan the QR to find your nearest camp and book

**BOOK NOW**  
Scan the QR code  
<https://www.jc-sportsonline.com/octobercamps>  
Got a Question? Whatsapp Us:  
+44 7426 725805

**QR Code**

Mon 26th to Fri 30th October  
Ages 4 to 12  
8:30am to 4:30pm

OFSTED REGISTERED • QUALIFIED COACHES • TAX-FREE CHILDCARE ACCEPTED

# Calendar 2026-27

\*Items in red are newly added or changes to an event

| DATE                                      | TIME             | EVENT                                           | INFORMATION                                                                                              |
|-------------------------------------------|------------------|-------------------------------------------------|----------------------------------------------------------------------------------------------------------|
| Monday 28th September                     | 3:30pm           | Ash Class Meet the Teacher                      |                                                                                                          |
| Tuesday 29th September                    | 3:45pm           | Year 1 Oak Meet the Teacher                     |                                                                                                          |
| Wednesday 30th September                  | 3:45pm           | Elder Meet the Teacher                          |                                                                                                          |
| Friday 2nd October                        | 2:45pm           | Sharing Assembly                                | All parents invited to attend sharing assembly. There will be no Year R children to begin with.          |
| Tuesday 6th October                       | 9:30-11:30am     | Open Morning                                    | Parents of children due to start in September 2027 to attend. Please contact the office to book a place. |
| Wednesday 7th October                     | 9:15am<br>3:45pm | Church - Harvest<br>Lime Class Meet The Teacher | Everyone welcome to come along, all children from school will be there                                   |
| Tuesday 13th October                      | All day          | Whole school Flu Immunisations                  | Letter emailed to parents                                                                                |
| Wednesday 14th October                    | All day          | Ash Class Paul Ullson visit                     | Letter sent home to parents                                                                              |
| Friday 23rd October                       | 2:45pm           | Sharing Assembly                                |                                                                                                          |
| Monday 26th October - Friday 30th October | School closed    | Half term                                       |                                                                                                          |
| Monday 2nd November                       | School closed    | INSET Day                                       |                                                                                                          |
| Tuesday 3rd November                      | All day          | Autumn 2 term starts                            |                                                                                                          |
| Thursday 5th November                     | 9:15am           | Year 6 and Autumn born Year R height and weight | Letter to go home closer to the time                                                                     |
| Friday 6th November                       | All day          | Grown up to school day                          |                                                                                                          |
| Monday 9th November                       | All day          | Paul Ullson visit Oak and Lime                  | Letter to go home closer to the time                                                                     |
| Wednesday 11th November                   | All day          | Individual and sibling photo's                  |                                                                                                          |
| Friday 13th November                      | 2:45pm           | Sharing assembly                                |                                                                                                          |
| Monday 16th November - 19th November      | 3:30-5:30pm      | Parents evening                                 |                                                                                                          |
| Thursday 19th November                    | All day          | Oak Class trip to Milestones Museum             | Letter to go home closer to the time                                                                     |
| Tuesday 24th November                     | PM               | Panto                                           | Children will watch a pantomime in the hall during school hours                                          |
| Friday 27th November                      | 2:45pm           | Sharing assembly                                |                                                                                                          |
| Thursday 3rd December                     | All day          | Ash Class Trip to Butser Ancient Farm           | Letter to go home closer to the time                                                                     |
| Wednesday 9th December                    | 9:15am           | Church - Christingle                            | Everyone welcome to attend, all children will be in church                                               |
| Friday 11th December                      | All day          | House day and Generation Games                  |                                                                                                          |
| Friday 11th December                      | tbc              | KS1 Nativity                                    | Oak and Ash class performance, all welcome to watch                                                      |
| Wednesday 16th December                   | tbc              | KS1 Nativity                                    | Oak and Ash Class performance, all welcome to watch                                                      |

| DATE                                 | TIME          | EVENT                          | INFORMATION                                                                    |
|--------------------------------------|---------------|--------------------------------|--------------------------------------------------------------------------------|
| Thursday 17th December               | tbc           | KS2 Carols                     | Lime and Elder class                                                           |
| Friday 18th December                 | 1pm           | Achievement Assembly           | Children can go home after achievement assembly. No afterschool club this day. |
| Monday 21st December - 1st January   | School closed | Christmas holidays             |                                                                                |
| Monday 4th January                   | School closed | INSET Day                      |                                                                                |
| Tuesday 5th January                  | All day       | First day Spring 1 term        |                                                                                |
| Friday 15th January                  | 2:45pm        | Sharing Assembly               |                                                                                |
| Friday 29th January                  | 2:45pm        | Sharing assembly               |                                                                                |
| Friday 5th February                  | all day       | Grown up to school day         |                                                                                |
| Wednesday 10th February              | 9:15am        | Church - Ash Wednesday         | Everyone welcome to attend, all children will be in church                     |
| Friday 12th February                 | 2:45pm        | Sharing Assembly               |                                                                                |
| Monday 15th February - 19th February | School closed | Half term                      |                                                                                |
| Monday 22nd February                 | All day       | Spring 2 term begins           |                                                                                |
| Friday 26th February                 | 2:45pm        | Sharing assembly               |                                                                                |
| Friday 5th March                     | All day       | House day and Generation Games |                                                                                |
| Thursday 11th March                  | All day       | Class photos                   |                                                                                |
| Friday 12th March                    | 2:45pm        | Sharing assembly               |                                                                                |
| Wednesday 17th March - 19th March    | All day       | East Meon residential trip     | Year 3                                                                         |
| Tuesday 23rd March                   | 9:15am        | Church - Easter                | Everyone welcome to attend, all children will be in church                     |
| Friday 26th March                    | 1pm           | Achievement Assembly           | Children can go home after achievement assembly. No afterschool club this day. |
| Monday 29th March- Friday 9th April  | School closed | Half term                      |                                                                                |
| Monday 12th April                    | School closed | INSET day                      |                                                                                |
| Tuesday 13th April                   | All day       | Summer 1 term starts           |                                                                                |
| Friday 16th April                    | 2:45pm        | Sharing assembly               |                                                                                |
| Friday 23rd April                    | All day       | Grown up to school day         |                                                                                |
| Monday 3rd May                       | School closed | Bank holiday                   |                                                                                |
| Thursday 6th May                     | 9:15am        | Church - Ascension             | Everyone welcome, all children will be in church                               |
| Friday 7th May                       | 2:45pm        | Sharing Assembly               |                                                                                |
| Friday 14th May                      | All day       | House day                      |                                                                                |

| DATE                           | TIME          | EVENT                                       | INFORMATION                                                                    |
|--------------------------------|---------------|---------------------------------------------|--------------------------------------------------------------------------------|
| Friday 14th May                | All day       | House day                                   |                                                                                |
| Friday 21st May                | 2:45pm        | Sharing assembly                            |                                                                                |
| Tuesday 25th May - Friday 28th | All day       | Calshot Residential                         | Year 4-6                                                                       |
| Monday 31st May - 4th June     | School closed | Half term                                   |                                                                                |
| Monday 7th June                | All day       | Summer 2 term starts                        |                                                                                |
| Friday 11th June               | 2:45pm        | Sharing Assembly                            |                                                                                |
| Thursday 24th June             | 1-3:30pm      | Sports day                                  | All parents welcome to come along and watch                                    |
| Friday 25th June               | 2:45pm        | Sharing Assembly                            |                                                                                |
| Monday 28th June - 1st July    | PM            | Parents Evening                             |                                                                                |
| Thursday 1st July              | PM            | Reserve Sports Day                          |                                                                                |
| Thursday 8th July              | All day       | Transition Day                              |                                                                                |
| Friday 9th July                | 2:30pm        | Sharing Assembly (Quiz)                     |                                                                                |
| Wednesday 14th July            | 9:15am        | Church - Leavers service (Elder to present) |                                                                                |
| Tuesday 20th July              | 1pm           | Achievement assembly                        | Children can go home after achievement assembly. No afterschool club this day. |
| Wednesday 21st July            | School closed | Inset day                                   |                                                                                |
| Thursday 22nd July             | School closed | Summer holidays                             |                                                                                |